



# Sacred Heart School Lunch Menu ~ September 2019

Milk choice of 1% Skim or Chocolate is included with lunch. All breads and pastas are a minimum of 51% whole grain. Menu items may change due to availability. For questions, comments, or concerns, please contact the Food Service Director at [kitchen@sacredheartadams.org](mailto:kitchen@sacredheartadams.org).

Monday	Tuesday	Wednesday	Thursday	Friday
2)  <b>No School</b>	3) Meatball Sub Waffle Fries Baked Beans Fresh Fruit Mixed Greens	4) Scalloped Potatoes & Ham Dinner Roll Carrots Mixed Fruit Mixed Greens	5) Beef Noodle Hot Dish Whole Grain Biscuit Green Beans Pears Dessert	6) French Toast Egg Patty Breakfast Potatoes Mandarin Oranges Fresh Veggies
9) Hot Ham & Cheese Seasoned Fries Baked Beans Pears Mixed Greens	10) Tator Tot Hot Dish Breadstick Mixed Veggies Fresh Fruit	11) Brats Cheesy Potatoes Green Beans Pineapple Mixed Greens	12) Chicken Noodle Soup Dinner Roll Cheese Slice Carrots Peaches Dessert	13) Cheese Omelet Potato Pancakes Mandarin Oranges Butter Toast Fresh Veggies
16) Pizza Hot Dish Garlic Toast Carrots Mixed Fruit Mixed Greens	17) Cheeseburger Chips Baked Beans Fresh Fruit	18) Chicken Fajita Toppings Pepper Strips Corn Peaches	19) Breaded Pork Patty French Fries Green Beans Pears Dessert	20) Pancakes Scrambled Eggs Tri-Tator Applesauce Fresh Veggies
23) Meatloaf Mashed Potatoes Mixed Veggies Mandarin Oranges Mixed Greens	24) Pizza Burger Tator Tots Corn Fresh Fruit	25) Turkey Gravy & Biscuits Mixed Veggies Peaches Mixed Greens	26) Italian Chicken Sand. Smiles California Blend Pineapple Dessert	27) Macaroni & Cheese Egg Salad Sandwich Peas Applesauce Fresh Veggies
30) Soft Shell Taco Toppings Refried Beans Corn Mandarin Oranges				

## Birthdays

4<sup>th</sup> ~ Abigail Steinkamp  
6<sup>th</sup> ~ Mrs. Jen Smith  
11<sup>th</sup> ~ Vincent Ehlenfeldt

15<sup>th</sup> ~ Carter Boe  
28<sup>th</sup> ~ Mrs. Shannon Drees  
29<sup>th</sup> ~ Ben Waksdahl

## Events

September 2<sup>nd</sup> ~ No School  
Sept. 9<sup>th</sup> – Oct. 11<sup>th</sup> ~ NWEA Testing  
September 11<sup>th</sup> ~ Farmers Market  
September 26<sup>th</sup> ~ Marathon  
September 30<sup>th</sup> ~ School Pictures

