

# Sacred Heart School Lunch Menu ~ January 2022

Milk choice of 1% Skim or Chocolate is included with lunch. All breads and pastas are a minimum of 51% whole grain. Menu items may change due to availability. For questions, comments, or concerns, please contact the Food Service Director at [kitchen@sacredheartadams.org](mailto:kitchen@sacredheartadams.org).

Monday	Tuesday	Wednesday	Thursday	Friday
3) Creamed Chicken over Biscuits Peas & Carrots Pears	4) Spaghetti Garlic Toast Tossed Salad Fresh Fruit	5) Loaded Potato Soup Soft Pretzel Mandarin Oranges	6) Tator Tot Hot Dish Dinner Roll Mixed Vegetables Peaches	7) Chicken Sandwich Curly Fries Baked Beans Applesauce Dessert
10) Goulash Garlic Knot Peas Pears	11) Baked Chicken Mashed Potatoes Green Beans Dinner Roll Mandarin Oranges	12) Toasty Dogs Stars Baked Beans Peaches	13) Chicken Nachos With Toppings Corn Fresh Fruit	14) Pizza Tossed Salad Mixed Fruit Dessert
17) Stroganoff Dinner Roll Green Beans Pears	18) Chicken Nuggets French Fries Corn Peaches	19) Chili Corn Bread Applesauce	20) Loaded Waffle Fries Fresh Vegetables Fresh Fruit	21) French Toast Sausage Links Potato Cakes Mandarin Oranges Dessert
24) Cheeseburger Mac Dinner Roll Corn Peaches	25) Chicken & Cheese Quesadilla Spanish Rice Fresh Vegetables Mixed Fruit	26) Chicken Noodle Soup Grilled Cheese Pears	27) Brats Chips Baked Beans Fresh Fruit	28) Italian Dunkers Marinara Sauce Mixed Greens Mandarin Oranges Dessert
31) Hamburger Gravy Mashed Potatoes Dinner Roll Peas & Carrots Mandarin Oranges				

## January Events

3<sup>rd</sup> ~ School resumes  
 17<sup>th</sup> ~ No School/Dr Martin Luther King Day  
 21<sup>st</sup> ~ 12:00 Dismissal/End of 2<sup>nd</sup> Quarter  
 30<sup>th</sup> ~ Catholic United Matching Grant Dinner  
 Jan 30<sup>th</sup> -Feb 5<sup>th</sup> ~ Catholic Schools Week



## January Birthdays

8<sup>th</sup> ~ Mrs. Jane Boe  
 29<sup>th</sup> ~ Lucas Boe  
 29<sup>th</sup> ~ Ava Payne