

Sacred Heart School Lunch Menu ~ January 2019

Milk choice of 1% Skim, Skim, or Chocolate is included with lunch. All breads and pastas are a minimum of 51% whole grain. Menu items may change due to availability. For questions, comments, or concerns, please contact the Food Service Director at kitchen@sacredheartadams.org.

Monday	Tuesday	Wednesday	Thursday	Friday
	1) No School	2) Meatball Sub Oven Fries Baked Beans Fresh Fruit Lettuce	3) Spaghetti Hot Dish Garlic Toast Corn Mandarin Oranges Dessert	4) Cheese Omelet Sausage Patty Hash Brown Applesauce Orange Juice
7) Chicken Nuggets French Fries Baked Beans Pineapple	8) Pulled Pork Sandwich Mashed Potatoes Peas Coleslaw Peaches	9) Haystacks Lettuce Cheese, Onion, Tomato Refried Beans Fresh Fruit	10) Turkey Gravy Biscuit Mixed Vegetables Pears Dessert	11) Tomato Soup Grilled Cheese Green Beans Applesauce
14) Meatloaf Cheesy Potatoes Corn Mixed Fruit Lettuce	15) Breaded Chicken Patty Whole Grain Bun Tator Tots Green Beans Mandarin Oranges	16) Beef Noodle Hot Dish Dinner Roll Carrots Fresh Fruit	17) Hotdog French Fries Baked Beans Pears Dessert	18) French Toast Egg Patty Peaches Peas
21) No School	22) Chili Corn Bread Carrots Peaches	23) Goulash Garlic Toast Lettuce Fresh Fruit Peas & Carrots	24) Cheeseburger Tator Tots Green Beans Mandarin Oranges Dessert	25) Mac & Cheese Egg Salad Peas Applesauce
28) No School	29) Pizza Hot Dish Lettuce Mixed Fruit Corn	30) Sloppy Joes Beans Cheesy Potatoes Pears Dessert	31) Chicken Fajita Tortilla Pepper Strips Shredded Cheese Green Beans Fresh Fruit	

Birthdays

5th ~ Theo Smith
19th ~ Travis Kirtz
27th ~ Leo Smith
29th ~ Lucas Boe
29th ~ Ava Payne



January Events

2nd ~ School Resumes
21st ~ No School/Staff Development
25th ~ End of 2nd Quarter
27th ~ Catholic United Matching Grant Dinner
27th - Feb. 2nd ~ Catholic Schools Week
28th ~ No School/Staff Development/Workday